

## **PHARMACEUTICAL COMPOSITIONS OF MIRTAZAPINE**

### **Field of the invention**

The present invention relates to pharmaceutical compositions of  
5 mirtazapine or its pharmaceutically acceptable salts. More particularly, the  
present invention relates to solid unit dosage forms of anhydrous mirtazapine  
or its pharmaceutically acceptable salts suitable for oral administration.

The present invention also relates to a process for the preparation of  
pharmaceutical compositions of mirtazapine or its pharmaceutically acceptable  
10 salts.

### **Background of the invention**

Mirtazapine is disclosed and claimed in US Patent No. 4,062,848.  
Mirtazapine, is approved, under the trademark REMERON and REMERON  
SOLTAB by the US Food and Drug Administration, for the treatment of  
15 depression. Mirtazapine has a tetra cyclic chemical structure unrelated to other  
classes of antidepressants such as selective serotonin reuptake inhibitors,  
tricyclics or monoamine oxidase inhibitors.

Mirtazapine is conventionally being marketed as mirtazapine  
hemihydrate. The usual practice to produce conventional tablets with  
20 mirtazapine hemihydrate is to micronize the active ingredient to produce 90 %  
of the particles <100 microns and mix it with excipients and compress it to  
produce tablets. Whereas the process for producing mirtazapine orally  
disintegrable tablets involves the use of effervescent or non-direct  
compressible filler (low particle size) and mix with micronized mirtazapine  
25 hemihydrate and compressed to get mirtazapine ODT.

US patents 6,375,982 and 6,589,556 disclose a rapid melt, semi-solid  
molded composition comprising: at least one binder in an amount from about  
0.01% to about 70% by weight; a salivating agent in an amount from about

0.05% to about 15% by weight; a diluent/bulking material in an amount from about 10% to about 90% by weight; and a therapeutically effective amount of a drug.

US Patents 4,371,516, 5,501,816 and 5,720,974 disclose processes for the preparation of porous, rapidly disintegrable tablets, which include the steps of adding a small quantity of a solvent to sugars, alcohols or carbohydrates to obtain a tablet mixture and removing the solvent therefrom. However, these processes have low productivity due to the involvement of complicated process steps and the tablets obtained thereby are easily friable and do not meet the hardness required for withstanding breakage during commercial handling.

WO 01/26621 discloses a pharmaceutical formulation of mirtazapine and pharmaceutically acceptable excipients, characterized in that the dosage unit is of the orally disintegrating type, and the formulation comprises means which substantially prevent mirtazapine from being released orally and the means which substantially prevent mirtazapine from being released orally is a polymer layer coating mirtazapine.

Cima Labs has produced oral dosage forms including microparticles and effervescent tablets which rapidly disintegrate in the mouth and provide adequate taste-masking (US patent No. 5,178,878). Zydis, on the other hand, produces a rapidly dissolvable, freeze-dried, sugar matrix to produce a rapidly dissolving tablet. While these dosage forms are effective, they provide significant problems in terms of production, storage, transport and during consumer usage. They are also significantly more costly to produce.

Mirtazapine is essentially insoluble in water. The Particle Size Distribution (PSD) of mirtazapine crystals are used to determine the available surface area for the drug dissolution, thus effecting the solubility. Often, it is observed that the available surface area for drug dissolution correlates to the

rate of dissolution and solubility where a greater surface area enhances the solubility of a drug and enhances the rate of dissolution of a drug. Further, the velocity of dissolution of a drug often effects the drug's bioavailability. Thus the PSD of mirtazapine and, in particular, the mean particle diameter are  
5 important parameters to characterize and predict the bioavailability of the drug. It is desirable to have mirtazapine with a particle size in which the mean particle size enhances the reproducibility of the rate of dissolution and the reproducibility of the dissolution. It is desirable to have mirtazapine in which the mean particle size imparts an improved and stable dissolution profile.

10 Freezing drying processes have been used to prepare fast disintegrating dosage forms. Although this technology produces a product which rapidly disintegrates in water or in the oral cavity, a drawback is represented by the poor physical integrity of its physical structure which severely limits further manufacturing operations such as forming blister packs. Another significant  
15 drawback of the freeze drying technology in manufacturing such dosage forms is the high production costs because of the lengthy duration of each freeze drying cycle (normally from 24 to 48 hours).

The process micronization is tedious and hazardous, since it involves milling and exposure of drug dust to operating personnel. Mirtazapine being an  
20 antidepressant, too much exposure of the drug may pose health problems.

The inventors of the present invention have surprisingly found that the use of anhydrous mirtazapine avoids the process of micronization and the handling of anhydrous mirtazapine is safe and user friendly. Although the present invention uses the new form of mirtazapine i.e. anhydrous mirtazapine,  
25 yet when formulated gives both ODT and conventional tablets meeting the USP standards as well as other *in vitro* and *in vivo* results matching the reference product.

### **Objective of the invention**

Accordingly, the main objective of present invention is to provide compositions for anhydrous mirtazapine in such a way that it will comply with  
5 the reference product in terms of *in vivo* parameters like bioequivalence and *in vitro* parameters like dissolution, disintegration and etc.

Another objective of the present invention is to provide simple, cost effective and efficient process for preparing the solid dosage forms of mirtazapine on a commercial scale with adequate hardness and good  
10 reproducibility.

Yet another objective of the present invention is to provide film-coated tablets of anhydrous mirtazapine.

Yet another objective of the present invention is to provide a hard, compressed, orally disintegrable dosage form of anhydrous mirtazapine.  
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### **Summary of the invention**

According to an embodiment of the present invention, there is provided unit dosage forms of anhydrous mirtazapine or its pharmaceutically acceptable salts suitable for oral administration.

20 In yet another embodiment of the present invention, there is provided film-coated tablets of mirtazapine which comprises anhydrous mirtazapine or its pharmaceutically acceptable salts, low-substituted hydroxypropylcellulose and one or more pharmaceutically acceptable excipients.

In yet another embodiment of the present invention, there is provided a  
25 hard, compressed, orally disintegrable tablet dosage form of anhydrous mirtazapine comprising mirtazapine or its pharmaceutically acceptable salts, and one or more non-effervescent excipients.

In yet another embodiment of the present invention, there is provided a process for the preparation of film-coated tablets of anhydrous mirtazapine.

In yet another embodiment of the present invention, there is provided a process for the preparation of hard, compressed, orally disintegrable tablet  
5 dosage form of anhydrous mirtazapine.

#### **Detailed description of the invention**

The present invention involves the use of anhydrous mirtazapine having coarser particle size, which avoids the use of air jet milling to reduce the particle size to <100 microns and thereby reduces the length of the unit  
10 process. The other advantage of using anhydrous mirtazapine is its ease of handling.

In yet another embodiment of the present invention, there is provided unit dosage forms of anhydrous mirtazapine having a particle size distribution (PSD) of 90% particles less than 600  $\mu\text{m}$ , more preferably the particle size  
15 distribution (PSD) for the above formulation process of mirtazapine is 90% particles less than 400  $\mu\text{m}$ .

The present invention uses substantially simple and cost effective manufacturing technique.

The amount of mirtazapine according to the composition of the present  
20 invention is in the range of 1 to 100 mg.

The term non-effervescent excipients as used in orally disintegrating compressed tablets comprise binders, dispersing agents, fillers, flavoring agents, sweetening agents, lubricants or glidants and the like.

The term pharmaceutically acceptable excipients as used in film coated  
25 tablet comprise binders, dispersing agents, fillers, lubricants or glidants and the like.

In yet another embodiment of the present invention, the orally disintegrating compressed tablets comprises anhydrous mirtazapine from about 1 to 50 %, and a mixture of non-effervescent excipients comprising from about 10% to 80% of one or more diluents, at least one dispersing agent in an amount  
5 of 2% to 15%, from 0% to 15% of one or more binders.

In yet another embodiment of the present invention, there is provided orally disintegrated tablets of anhydrous mirtazapine, which disintegrates within 3 minutes, preferably within 60 seconds, more preferably within 30 seconds.

10 The dispersing agent used in accordance with the present invention is selected from crosscarmellose sodium, crosspovidone, sodium starch glycolate, sodium carboxymethyl cellulose, hydroxypropyl cellulose, xanthan gum, alginic acid, alginates, carbopols and the like or combination thereof, preferably dispersing agent used is crosspovidone.

15 The diluents used according to the present invention are selected from calcium phosphate-dibasic, cellulose-microcrystalline, cellulose powdered, calcium silicate, ployols such as mannitol, sorbitol, xylitol, maltitol, sucrose and combinations thereof.

Suitable binders according to the present invention are selected from  
20 methylcellulose, hydroxypropyl cellulose, hydroxypropyl methylcellulose, polyvinylpyrrolidone, gelatin, gum arabic, ethyl cellulose, polyvinyl alcohol, pullulan, starch, pregelatinized starch, agar, tragacanth, sodium alginate, propylene glycol, alginate, plasdone and the like.

Suitable lubricants according to the present invention are selected from  
25 talc, magnesium stearate, stearic acid or glyceryl behenate, preferably magnesium stearate and suitable glidants include colloidal silicon dioxide or talc, preferably colloidal silicon dioxide.

Suitable sweeteners according to the present invention is selected from sugars such as sucrose, lactose and glucose; saccharin and salts thereof; mannitol and aspartame.

Suitable flavoring agents include strawberry guarana, peppermint, 5 cherry, mint, caramel, raspberry, lemon, orange, tutti-fruity, banana, bubble gum, preferably strawberry guarana, peppermint flavor or combination thereof.

Owing to certain handling advantages of particle size distribution (PSD) of mirtazapine, the formulation process of the anhydrous mirtazapine with some suitable adjuvants is contemplated and achieved in our lab with 10 satisfactory results in terms of the formulation parameters which constitute both *in vitro* as well as *in vivo* aspects.

The present formulation process for preparing the solid dosage forms of anhydrous mirtazapine led to unexpected results of possessing a more stable and reproducible dissolution profile. When compared to mirtazapine made by 15 conventional methods, the present formulation process of anhydrous mirtazapine unexpectedly demonstrated a more reproducible dissolution curve and a smaller standard deviation. This valuable improvement provides for more accurate dosing of mirtazapine.

The different formulation processes that can be employed for making 20 the disclosed formulations are dry granulation, wet granulation, slugging, compaction and direct compression. But preferably, the tablets of the present invention are prepared by wet granulation technique.

The formulation process for the preparation of film coated tablets according to the present invention are carried out by sifting the ingredients, 25 blending anhydrous mirtazapine with disintegrants, diluents and/or binders that are intended to be used; milling and then granulating the blend; drying the granules and sifting to get the desired size; mixing the dried granules with rest

of the diluents, lubricants and compressing the blend to form tablets and coating the tablets using conventional coating techniques.

The formulation process for the preparation of orally disintegrable tablet dosage form of mirtazapine according to the present invention are carried out by sifting the ingredients, blending anhydrous mirtazapine with disintegrants, diluents and/or binders that are intended to be used; milling the sifted materials; granulating the blend with the solvent; drying the granules and sifting to get the desired size; mixing the dried granules with rest of the diluents, lubricants, flavoring agents, sweetening agents, and compressing the blend to form tablets.

Alternatively, the process may also involve the preparation of placebo granules as per the procedure explained in the above paragraph and adding the active ingredient during the lubrication stage.

The following examples further exemplify the inventions and are not intended to limit the scope of the inventions. It is obvious to those skilled in the art to find out the composition for other dosage forms and substitute the equivalent excipients as described in this specification or with the one known to the industry.

#### **Example 1**

##### **Formulation of film coated tablets of mirtazapine**

<b>Ingredients</b>	<b>Quantity mg/tablet</b>
Mirtazapine (Anhydrous) (90% of particles less than 400 Microns)	Equivalent to Mirtazapine 7.5/15/30/45 mg
Lactose monohydrate	63.00-73.00%
Hydroxypropyl cellulose	1.5-3.5%
Starch	6.5-8.5%



Colloidal silicon dioxide	0.54-1.54%
Low-substituted hydroxypropyl cellulose	6.5-8.5%
Magnesium stearate	0.26-0.66%
Opadry yellow	2.0-4.0%
Purified water	q.s

The processing steps that are involved in making the film coated tablets of mirtazapine disclosed above are given below : -

- i) Sifted anhydrous mirtazapine through 425  $\mu$ m sieve, hydroxypropyl cellulose and lactose monohydrate through 850 $\mu$  sieve separately,
- ii) resifted mirtazapine and hydroxypropyl cellulose together through 850 $\mu$  sieve,
- iii) milled the material of step (ii),
- iv) rinsed the mill with sufficient quantity of sifted lactose,
- v) mixed the material of step (iii) and lactose monohydrate in a rapid mixer granulator and granulated with purified water,
- vi) dried the granules in a fluid bed dryer,
- vii) sifted the dried granules through 850  $\mu$ m sieve and collected the retentions separately,
- viii) milled the retentions in a multi mill,
- ix) sifted the milled granules of through 850  $\mu$  sieve,
- x) sifted the extra granular low substituted hydroxypropyl cellulose through 850 $\mu$  sieve and sifted starch and anhydrous colloidal silicon dioxide together through 850 $\mu$ ,
- xi) mixed the sifted low substituted hydroxypropyl cellulose, starch and colloidal silicon dioxide from step (x) with the material of step (ix),

- xii) lubricated the material of step (xi) with sifted magnesium stearate,
  - xiii) compressed the lubricated blend into tablets and
  - xiv) prepared Opadry coating suspension in water and coated the tablets of step (xiii) with coating suspension till the desired weight build-up is achieved
- 5 and dried the coated tablets.

Examples 2-4 represents orally disintegrating tablets of anhydrous mirtazapine. The processing steps that are involved in making orally disintegrating tablets of anhydrous mirtazapine as disclosed in examples 2-4

10 are given below : -

- i) sifted mirtazapine, half the quantity of dispersing agent, binder, diluent through 425  $\mu\text{m}$  mesh,
- ii) milled the sifted material of step (i) through multimill,
- iii) loaded the materials of step (ii) in a rapid mixer granulator and mixed
- 15 for 15 minutes with impeller at slow speed,
- iv) added purified water over a period of 2-3 minutes with impeller at slow speed
- v) kneaded the wet mass for 1 minute with only impeller followed by both impeller and chopper at slow speed for 1 min,
- 20 vi) dried the wet mass of step (v) at an inlet temperature of  $60^{\circ}\text{C} \pm 5^{\circ}\text{C}$  in fluid bed drier,
- vii) sifted the dried granules of step vi through 600  $\mu\text{m}$  mesh and milled the retentions using multimill with 1.5 mm screen at slow speed / knives forward,
- viii) sifted the milled material of step (vii) through 600  $\mu\text{m}$  mesh,
- 25 ix) sifted the remaining half of dispersing agent, diluents through 425 $\mu\text{m}$  mesh,

- x) sifted flavoring agents, sweeteners, glidants, lubricant through 425  $\mu$ m mesh,
- xi) loaded the granules of step (viii) in low shear blender,
- xii) loaded sifted material of step (ix) and (x) except lubricant and blend for 10 minutes,
- xiii) added sifted lubricant in to the low shear blender and blend for 5 minutes,
- xiv) compressed the lubricated blend to obtain mirtazapine orally disintegrating tablets.

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**Example 2**

Ingredients	Quantity mg/tablet
Mirtazapine (Anhydrous)	30.00
Crospovidone USNF	20.00
Mannitol USP	40.00
Microcrystalline cellulose USNF	98.00
Aspartame USNF	6.00
Strawberry guarana flavor IH	1.60
Peppermint flavor IH	0.40
Colloidal silicon dioxide USNF	2.00
Magnesium stearate USNF	2.00
Purified water IH	q.s

**Example 3**

Ingredients	Quantity mg/tablet
Mirtazapine (Anhydrous)	15.00
Crospovidone	10.00

Mannitol	20.00
Pregelatinised Starch	5.00
Microcrystalline cellulose	46.00
Aspartame	1.00
Orange flavor	1.00
Colloidal silicon dioxide	1.00
Magnesium stearate	1.00
Purified water	q.s

**Example 4**

<b>Ingredients</b>	<b>Quantity mg/tablet</b>
Mirtazapine (Anhydrous)	15.00
Crospovidone	5.00
Mannitol	20.00
Calcium Silicate	10.00
Microcrystalline cellulose	44.00
Aspartame	3.00
Strawberry guarana flavor	0.80
Peppermint flavor	0.20
Colloidal silicon dioxide	1.00
Magnesium stearate	1.00
Purified water	q.s